



Ride the Mind... Win their Heart

2019 Two-Worlds Together – Dressage Summit

MARCH 1-3 – THE FLORIDA HORSE PARK, OCALA

CHRISTOPH HESS • LUIS LUCIO • PAT PARELLI • LINDA PARELLI

with riders from First Level to Grand Prix

DAY 1 • FRIDAY MARCH 1	DAY 2 • SATURDAY MARCH 2	DAY 3 • SUNDAY MARCH 3
9.00 Welcome Opening remarks, meet the presenters.	9.00 Welcome Opening remarks, special announcements.	9.00 Welcome Special announcements, what to look forward to on Day 3!
9.30 The Scale of Training Is My Bible! <i>CHRISTOPH HESS with First Level to Grand Prix Riders</i> Christoph helps us understand how to use the Scale of Training, and explains the consequences of straying from the structure.	9.15 The Biggest Sport-Training Mistakes <i>PAT PARELLI with a Troubled Horse</i> What makes horses dull? Why horses lose heart and stop trying. What creates tension and anxiety? Why horses explode.	9.15 Solutions for the Spooky Dressage Horse <i>PAT PARELLI & a Rider with their Spooky Horse!</i> Why are some horses spookier than others? Strategies for improving a horse's confidence when training, in the warm up arena, and competing.
11.30 BREAK / Q&A	11.00 BREAK / Q&A	11.00 BREAK / Q&A
12.00 Going Beyond The Aids <i>LINDA PARELLI & Hot Jazz</i> How to have dynamic conversations with your horse. Build confidence, improve harmony, and increase effort... by engaging your horse's mind.	11.30 How to Assess the Mental, Emotional and Physical State of the Horse During Training <i>LUIS LUCIO with Horses & Riders of Various Levels</i> Monitoring the horse's heart rate is something every rider at every level can do to properly manage pressure, control the level of demand, create an ideal learning scenario, and strategically pause and reward the horse.	11.30 Technical & Tactical Decisions for Your Training Session <i>LUIS LUCIO with Marion & Whisper</i> Determining priorities for future purpose, motivation, and technical improvement. Cultivating the rider's perceptions, empowered independence from the trainer, and how to organize activities within time frames.
1.00 LUNCH & VIP interaction	1.00 LUNCH & VIP interaction	1.00 LUNCH / VIP interaction
2.30 Confusions & Misunderstandings in Dressage Training <i>LUIS LUCIO with Riders at Basic & Advanced Levels</i> RHYTHM: Active <i>versus</i> Hurried. CONTACT & CONNECTION: Balance <i>versus</i> Resistance. RELAXATION: Body Suppleness <i>versus</i> Mouth and Neck. Mental, Emotional, Physical Balance <i>versus</i> Tension. COLLECTION <i>and</i> Self Carriage.	2.30 The Mental-Emotional Warm Up <i>LINDA PARELLI warms up Hot Jazz for her Lesson</i> How do you get a horse mentally ready... to focus, to learn? Strategies for producing a calm, connected, and responsive horse... from the ground up.	3.00 Spotlight: LAUREN BARWICK & Paris How to put the relationship first... and win!
4.00 BREAK / Q&A	3.00 The Scale of Training in Action <i>CHRISTOPH HESS with Linda & Hot Jazz</i> Constant attention to the basics prepares horse and rider to positively progress using the Scale of Training.	3.20 It's About The Relationship <i>PAT PARELLI</i> The secrets of horsemanship are in your heart... <i>not your hands.</i>
4.30 My Horse is Perfect, Except... <i>PAT PARELLI with Challenging Horses</i> "I can't clip him, he is spooky, excitable, scared in the warm-up arena, difficult to shoe, won't stand still, won't focus, hard to load into the trailer..." See how these seemingly unrelated issues negatively affect a horse's sport training. Once we solve them, not only are horses and people happier, performance improves significantly.	4.00 Expert Panel Luis, Pat, Linda, Christoph and Special Guests discuss key concepts and questions.	3.30 Developing Collection & Power <i>CHRISTOPH HESS with Linda & Jazz</i> How to build on the basics to achieve collection, advance the degree of difficulty, and maintain a positive relationship between horse and rider.
6.00 Close & VIP Wind Down!	6.00 Close & VIP Wind Down!	4.30 Closing comments, highlights, and acknowledgements of the 2019 Dressage Summit: <i>Bringing Two Worlds Together.</i>
		5.00 Thank You For Your Passion and Presence... <i>See You Next Time!</i>